



+352 26 47 00
mail@i-zd.lu
www.demenz.lu



“
I was upset and refused to talk about it. For a few months I lived inside my shell. Then I realized that despite some difficulties, there are still pleasures in my life. For example, I started playing the piano again.

Gérard, 67 years old.

Opening hours

Monday	11:00 am - 05:00 pm
Tuesday	01:00 pm - 05:00 pm
Wednesday	11:00 am - 05:00 pm
Thursday	01:00 pm - 06:00 pm
Friday	07:30 am - 11:30 am
Saturday	10:00 am - 04:00 pm

(Appointments outside of these opening hours possible)

 14a, rue des Bains
L-1212 Luxembourg

+ Monthly information service in Esch/Alzette & Differdange



Convention
with



LE GOUVERNEMENT
DU GRAND-DUCHÉ DE LUXEMBOURG
Ministère de la Famille, de l'Intégration
et à la Grande Région



**CONFUSION
EMOTIONS
DEMENTIA**

Difficulties in daily life?

**The Info-Zenter Demenz
is there to help you.**





I am wondering...

How to prevent cognitive disorders?

At what point does one speak of dementia?



What to do after a diagnosis of dementia?

How can I live well in my daily life?

Where can I find support?



I am caring for a relative with dementia:

How do I communicate with a person with dementia?

What help and services are available in Luxembourg?

The Info-Zenter Demenz is there to help you.



The Info-Zenter Demenz **provides you with information** and helps you to better understand this disease. Among other things, this will enable you to better interact with people suffering from dementia.



The Info-Zenter Demenz informs you about the possibilities of help and support in the Grand Duchy. It can **direct** you to providers and services that might be able to help you further (outpatient care services, day centres, retirement and nursing homes, psychological, social and occupational therapy support, etc.).



In addition, the Info-Zenter Demenz aims to improve the societal image of dementia. In order to break the taboo, the Info-Zenter Demenz undertakes **awareness-raising** activities and organises conferences and information sessions.



spoken languages
lu | de | fr | en | pt



The Info-Zenter Demenz is the national information service for all questions relating to dementia.

It is at the service of people with dementia, their relatives, health professionals and anyone else interested.

Consultations and all documentation are free of charge.



Library and toy library with many books, films, documentaries and games, available free of charge

+352 26 47 00
mail@i-zd.lu
www.demence.lu

